

Easy on the Eyes: Tips for Reading Options

Practical Tips from Lighthouse International



LIGHTHOUSE
INTERNATIONAL

Discover the many options for reading your favorite books, magazines and newspapers in alternate formats, with these suggestions from the experts at Lighthouse International.

Free Audio Books from the Library

- **National Library Service for the Blind & Physically Handicapped**
(800) 424-8567 // www.loc.gov/nls

NLS loans books and magazines recorded on tape and in digital audio files -- for free -- to people unable to read standard print. Audio playback devices are also provided free of charge. You can receive books in the mail or by downloading them online.

e-Readers: The 21st Century Approach

- **The Kindle by Amazon** // kindle.amazon.com

Amazon's Kindle allows you to significantly increase font sizes in e-books. The Kindle also features limited text-to-speech options, giving you the option to listen to your e-books as well.

- **iPad by Apple** // www.apple.com/ipad

Apple's iPad, through its multitude of "apps," gives you access to e-books, audio books, newspapers, magazines and much more. The iPad's big, bright screen and built-in accessibility tools (such as VoiceOver, Zoom, and Large Text) make the device fully vision-friendly.

Audio Books for Students and Professionals

- **Learning Ally** // (800) 221-4792 // www.learningally.org

Learning Ally is a membership organization that lends recorded books to both individuals and institutions. With a vast inventory of textbooks

and literature on cassette, CD and in digital formats, Learning Ally is a popular resource for high school and college students.

- **APH: The American Printing House for the Blind**

(800) 223-1839 // www.aph.org

The American Printing House for the Blind has been designated by federal law as the national source of textbooks for students who are visually impaired. The company maintains a centralized database of large print, Braille and recorded books they produce, as well as those by other publishers.

- **BookShare** // www.bookshare.org

BookShare is the world's largest online library of accessible books, textbooks and periodicals. Individual and institutional memberships are available, allowing you unlimited access to e-Books and other publications. Qualifying U.S. students can join for free.

Large Print Books

- Books in large print are available in public libraries, and sold by many major book retailers in their "Large Print" sections. There are also numerous online outlets for large print books. Most major publishing houses publish their top authors and titles in large print. Check with your preferred retailer for availability.

Lighthouse International Information & Resources

For answers to your questions and for Help Near You

Online: www.lighthouse.org/resources

Email: info@lighthouse.org

Toll-Free: (800) 829-0500

Lighthouse International is dedicated to fighting vision loss through prevention, treatment and empowerment.

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